DILARA PATAUDI

THE DIVINE NATURE OF HORSES

THE DIVINE NATURE OF HUMANS



The Herd has a message for humanity. Dilara is how it arrives.



About Dilara

Horse channel · Intuitive healer · Writer

Dilara Pataudi is an intuitive empath, animal healer and writer, and an advocate for deep healing and spiritual connection.

She sits with her herd for hours, pen in hand, until their voice comes through clear enough to write down. What they have shared has filled books, a podcast and a body of work with one simple, urgent message: horses are here to help us remember how to live from the heart.

For more than 13 years she has lived alongside her herd in Dorset. She is an Equine CranioSacral therapist, an animal communicator and a published author, and she has taken her healing hands to rescued horses and donkeys in India and Egypt.

Her spirituality has mud on its boots. It was born in the field, and it is still lived there every day.

Why Invite Dilara Pataudi

A story people never forget.
In 2012, her horse Florenzo threw her into the air. She landed flat on her back with four broken ribs and a body that couldn't carry her. Back home, she looked across the garden at him and asked out loud: "What am I going to do with him?" The answer rose from within, clear as day: "Stay together." Everything she does today began in that moment.

She speaks for the herd.
Plenty of people talk about horses. Dilara shares what horses are saying, in their words, gathered from years of listening.

Real experience, grounded in real work.
Over a decade of hands-on healing, from her own field in Dorset to sanctuaries in India and Egypt. This is lived wisdom, earned one horse at a time.

Deep, real, and unafraid - both sides of the microphone.
As host of 36 episodes of The Being Herd Podcast, she knows how to hold a conversation that goes somewhere, and she isn't afraid to say what needs saying.

Places you May have Met Dilara



As Heard On

· The Sovereign Horse Podcast
· The Reflective Horse Podcast
· Purbeck Sounds Radio
· The Era of Horsewomanship

Where Her Hands Have Healed

· The Backwater Sanctuary, India
· Egypt Equine Aid, Cairo
· ACE Animal Care in Egypt, Luxor



Dilara's Books

The Healing Language of Horses
The herd in their own words. A channelled collection of their messages on the Self, the Other, and everything that is found in between.

22 Gates: A Horse Human Guide to the Major Arcana
The Tarot's great archetypes, seen through the eyes of the herd. Co-authored and channelled.

The Home I Made for The God In Me
Poetry about coming home to yourself, and finding the divine waiting there.

Poetry From an Empty Mind
Poems of self-exploration, divine connection and healing the child within.



The Being Herd Podcast

36 episodes and counting.

Honest conversations about horses, healing and the bond between them, with guests including Carina Maiwald.

LISTEN ON SPOTIFY

LISTEN ON POCKETCASTS



What Dilara Speaks About

Horse Channelling
What the herd is saying, and why it matters right now

Horse Wisdom
What horses see that humans have forgotten

The Heart-Centred Bond
Meeting a horse heart to heart, and what it changes in us

Why We Have Animals
The deeper reason animals come into our lives

Health on All Levels
Body, mind and spirit, for horses and the people who love them

Available for podcast interviews and live talks.

In Their Words...

"Dilara, the incredible soul that she is, visited me in India after offering to work with my equines.
All 15 of them! ...
A true horse whisperer, it's no wonder that my animals responded so beautifully."

Zoha Jung, Backwater Sanctuary



Bring the Herd's Message to Your Audience

For interviews, podcasts and live talks:
media@dilarapataudi.com

Website: dilarapataudi.com
Instagram: @dilarapataudi
Substack: dpataudi.substack.com

Media Assets
High-resolution photographs, logos and a full biography, ready to download:
[Download link]